**Worksheet: Discovering your skills**

# Activity 1: List your three personality traits

|  |  |
| --- | --- |
| Personality traits | |
| 1. |  |
| 2. |  |
| 3. |  |

# Activity 2: List as many hard and soft skills as you can think of

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|  |  |
| --- | --- |
| Hard skills | Soft skills |
|  |  |

|  |  |
| --- | --- |
| Your 3 strongest skills | |
| 1. |  |
| 2. |  |
| 3. |  |

# Activity 3: List which jobs look interesting from your Career Quiz results

|  |  |
| --- | --- |
| Your 3 favourite jobs | |
| 1. |  |
| 2. |  |
| 3. |  |